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<b>MONDAY</b>			
8:45 - 10:00 am	Wake Up & Flow	Level 1-2	Noé
 10:15 - 11:30 am	Vinyasa Flow	Level 1-2	Sherry
3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels	Self-led
5:30 - 6:45 pm	Candlelight Soul Flow	All Levels	Andréa
 7:00 - 8:15 pm	★ Yoga Basics	Basics	Andréa
<b>TUESDAY</b>			
7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2	Angie W.
 8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics	Rachael
10:15 - 11:30 am	Vinyasa Flow	All Levels	Eliza
 5:30 - 6:45 pm	Restorative Relax Deeply	All Levels	Angela A.
7:00 - 8:15 pm	★ Yoga Basics	Basics	Angela A.
<b>WEDNESDAY</b>			
 8:45 - 10:15 am	Wake Up & Flow	Level 1-2	Noé
10:15 - 11:30 am	Vinyasa Flow	Level 1-2	Sherry
3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels	Self-led
 5:30 - 6:45 pm	Vinyasa Flow	Level 1-2	Kelly
7:00 - 8:15 pm	★ Yin Yoga	All Levels	Jessica
<b>THURSDAY</b>			
7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2	Angie W.
 8:45 - 10:00 am	Wake Up & Flow	Level 1-2	Noé
10:15 - 11:30 am	Vinyasa Flow	Level 1-2	Joshua
 5:30 - 6:45 pm	Vinyasa Flow	Level 2	Rachel P.
7:00 - 8:15 pm	★ Gentle Yoga with Yoga Nidra	All Levels	Jaime
<b>FRIDAY</b>			
8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels	Rachael
 10:15 - 11:30 am	Vinyasa Flow	Level 1-2	Kim M
6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels	Noé
<b>SATURDAY</b>			
 8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2	Rachael
10:00 - 11:15 am	Yoga Basics	Basics	Amanda
11:30 - 12:45 pm	Vinyasa Flow	Level 1-2	Eliza
 1:00 - 2:15 pm	★ Vinyasa Vibes	All Levels	Russell
<b>SUNDAY</b>			
 9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels	Jaime
 10:00 - 11:15 am	Sunday Soul Yoga	Level 1-2	Jaime
11:30 - 12:45 pm	Zen Zone Yoga	All Levels	Lucrezia
1:00 - 2:15 pm	Vinyasa Flow	Level 1-2	Joshua
2:30 - 3:45 pm	Restorative Relax Deeply	All Levels	Angela A.

★ \$14 Drop-In Classes      CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE

CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM

## Live Music Yoga!



The stylings of **Tim Catching** while being guided through a Flow & Yin Vinyasa class.

November 11th & 25th 2022

## Holiday Hours

### Thanksgiving

Closed

### Christmas Eve

No Evening Classes

### Christmas Day

Closed

### New Year's Eve

No Evening Classes

## Black Friday Deal!

1 Year Unlimited  
+ 5 Guest Classes

**\$879**

Limit 1 Deal Per Student  
1 Day Only  
Nov 25th

## Cyber Monday Deal!

Class Packages

Buy 1 - Get 1  
50% Off

5, 10, 15, & 20 classes  
Limit 1 Deal Per Student  
1 Day Only - Nov 28th

## New Student Special

2 Weeks  
Unlimited Yoga  
**\$39**

\*\* Nevada Locals only  
with Identification

## Full Moon Restorative Workshop

Tuesday, November 8th  
6:00pm - 7:30pm



## Blissful Sound Healing

Exploration through Mindful  
Movement, Breathwork, and  
Sound Bath

Saturday, November 12th  
3:00 - 5:00pm



## Kirtan Collective

A form of Bhakti Yoga with  
call and response chanting.  
Joel Belovin | Tim Catching  
Ashley Wynn | Noelani Lytle  
Matthew Connors & Others

Saturday, November 19th  
3:30 - 5:30 pm

## PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 20
Child (8-17)	\$ 14
Local Yoga/Fitness Teacher	\$ 15
Live Music Class	\$ 22

Yoga Class Packages	
5 Class Package (3 month exp)	\$90
10 Class Package (3 month exp)	\$170
15 Class Package (6 month exp)	\$240
20 Class Package (6 month exp)	\$300

Meditation Class	
Single Class	\$15

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$129
3 Month Unlimited	\$119 / month	\$329
6 Month Unlimited	\$109 / month	\$559
1 Year Unlimited	\$99 / month	\$999
6 Month "Yoga Buddies"	\$89 / month	N/A

Sanctuary Wellness Package		
1 Month Unlimited Yoga 1 - 60 Minute Massage		
\$159/Month	\$169/Month	\$179/Month
1 Year Contract	6 Month Contract	No Contract